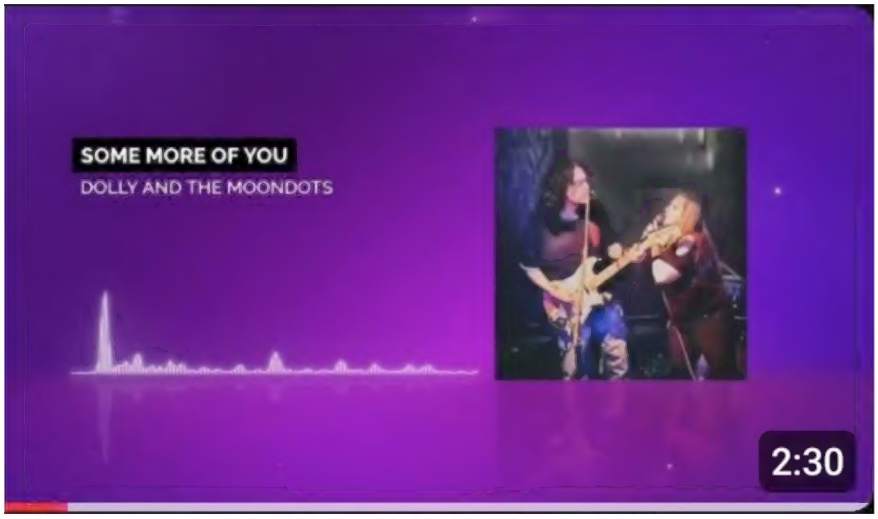

https://youtu.be/g9bNd0vxDSo?si=3Xt4ZHO1Yuzb9zmA